

North Enotah Judicial Circuit
Drug Court



Participant Manual

This handbook belongs to:

My Drug Court Coordinator is:

Barbara Honaker

706-487-8100 *phone*

Office: 49 Blalock St

Blairsville, GA 30512

Monday – Friday 8 am – 5pm (these are NOT in-office hours)

After 5pm, on Holidays, Weekends or Emergency Calls:

Please Use Cell Number: 706-897-3257

The Drug Screen and Information Line number is:

706-407-0508, plus personal ID # _____

This number is to be called **DAILY**

Office Phone:

706-487-8100

Drug Court Coordinator:

Barbara Honaker

Administrative Assistant and Case Manager:

Rebecca Fowler

Treatment Liaison:

Cornerstones Counseling Center

Jennifer Staller, 678-592-7004

Sponsor's name and phone number:

TABLE OF CONTENTS

Mission & Program Guidelines	Page 4
Drug Court Team Roles	Pages 4, 5 & 6
Treatment Phases	Page 7 & 8
Courtroom Behavior, Sanctions & Progressive Sanctions	Page 9 & 10
Termination	Page 11
Time-out Packet & Broom Awards Community Service, Incentives	Page 11
Phase Moves & Attendance – Leaves	Page 11
Move Requests, Employment, Curfew, Curfew Extension, Field Supervision, & Home Visits	Page 12
Emergency Phone Line & Finances Treatment Facility Guidelines	Page 13, 14, 15, & 16
Graduation	Page 16
Anonymity and 12 Step Meetings & Drug Testing Procedures	Page 17
Doctor Notification of Substance Abuse Treatment	Page 18
Policies	Page 18 - 21
Medication & Cross Addiction	Page 21 & 22
Medication List	Page 22 - 27

***WE WELCOME YOU TO THE NORTH ENOTAH DRUG COURT,
AND THE TEAM WISHES YOU MANY SUCCESSES!***

Participants entering the North Enotah Drug Court are expected to follow all of the guidelines in this handbook. Please note that the following guidelines are **subject to change anytime at the Court's discretion and as state/federal guidelines direct/update.**

Mission

The mission of the North Enotah Drug Court is to combine all aspects of the criminal justice community to assess, evaluate, and treat addictive substance abuse behavior in a judicially supervised program wherein lives are changed; lives are saved for the betterment of all involved, and to ensure public safety.

Program Guidelines

All Drug Court activities and locations may be viewed as an extension of the North Enotah Judicial Drug Court. Your behavior should reflect that understanding at all times. This includes all contracted treatment locations, community service sites, special events, and any other functions associated with Court activity. Violations of program rules can result in sanctions and/or new criminal charges.

All staff members of the North Enotah Drug Court are to be considered as officers of the Court, and you are expected to follow their instructions.

This program provides intervention and serves as a meaningful alternative to jail for the participant who can function in the community with support. It is our goal to improve the quality of life and reduce recidivism for participants. Those who graduate will have a solid foundation to build upon in order to become even more productive members of our community.

Judge's Role

The Drug Court Judge will preside over all Drug Court hearings, authorize necessary referrals to treatment services, and reinforce substance abuse intervention through the application of legal sanctions and incentives as appropriate. All sanctions will be immediate and will specifically address the offender's conduct. The Judge will have knowledge of the impact of substance abuse on the court system, the lives of participants, and the entire community. The Judge is committed to the program mission and goals, working as a lead partner to ensure its success. In the courtroom, the Judge will develop a personal, working relationship with each participant while monitoring participant progress.

Prosecutor's Role

The Prosecutor reviews the case and determines if the defendant is legally eligible for the Program, prepares the case for guilty plea for those entering the program and signs the dismissal upon program completion. The Prosecutor attends twice-monthly status review meetings to determine if the offender should be allowed to enter the program, appropriate

sanctions/incentives for current participants, and will be present at Drug Court hearings.

The Prosecutor further participates in a coordinated strategy for responding to positive drug tests and other program violations and makes recommendations regarding the participants continued enrollment in the program. This office will also contribute to the efforts in community education with the public, peers, colleagues, and the judiciary on the effectiveness of Drug Court.

Public Defender/Defense Attorney's Role

The Drug Court Defense Attorney represents each participant in the Drug Court in status review meetings. The Defense Attorney's role is to evaluate the offender's legal situation and ensure that the offender's legal rights are protected.

Additionally, the Defense Attorney effectively advises the offenders on their legal rights, legal options, treatment options, program conditions, and sentencing outcomes while developing a relationship with the offender that promotes the offender's long-term best interest. It is not appropriate to seek legal counsel from the Defense Attorney regarding matters unrelated to Drug Court.

They also monitor participant progress and ensure the appropriate provision of treatment and other rehabilitative services. The Defense Attorney attends staff meetings to determine appropriate sanctions and incentives for current participants.

Like the Prosecutor, the Defense Attorney also contributes to educating the community and assists in educating peers, colleagues, and judiciary in the effectiveness of Drug Courts.

Law Enforcement's Role

Law Enforcement provides accountability for your participation in this program through their participation in status review meetings, sanction/incentive recommendations, and random searches of participant's homes and person. For many, this will be the first positive interaction with law enforcement representatives, and one of our goals is to build positive rapport between police and participants.

Coordinator's Role

The Coordinator oversees the programs of Drug Court. The Coordinator provides programmatic information to all those involved in the facilitation of the program to ensure its monitoring and evaluation.

A secondary role of the Coordinator is to ensure long-term sustainability of the program and maintain programmatic integrity. The Coordinator oversees the day-to-day operations of the staff and programs.

Other responsibilities include presentations to community organizations, the Board of Commissioners, or Administration of Courts (AOC) groups as requested.

The Coordinator is also responsible for conducting intake assessments to evaluate for entry into the program, and orientation of new participants. Also, the coordinator will maintain the electronic database, collect fees, record court sessions, assist participants with community-based referrals, as well as attend community service organizations. Maintaining the court agenda and class roster with updates during court appearances of participants is another responsibility of this position.

Administrative Assistant & Case Manager

The Administrative Assistant/Case Manager is responsible for, but is not limited to, assisting the Coordinator with managing the day to day needs of the participants, administering drug and alcohol screens as a back-up to screeners, data entry for the court agenda, completion of required reports, attend weekly staffing and court sessions, attend all required and/or optional training. Also, duties include implementing Treatment Plans, updating Treatment Plans, Phase Tracking, Quick Reference Updates and Class Progress Updates. Responsibilities to conduct other duties as needed or assigned by the coordinator will be expected.

Treatment Liaison's Role

The treatment liaison is responsible for co-planning treatment and classes for participants, with the coordinator. Attendance of staffing and court will be the liaison's responsibility, as the treatments official representative team member. Individual therapy with a member of our counseling staff is available to each participant at an additional fee.

Drug Screeners' Role

The drug screeners are responsible for witnessing all drug screenings, as well as record management of participants' drug screens, mail specimens to the lab, and for reporting any information to the Drug Court Coordinator.

Probation Officers' Role

Some participants come into the program because of a drug related violation, while on probation. It is the responsibility of the Probation Officer to document the initial evaluation of these cases. If the probationer is determined to be a candidate for Drug Court, the Probation Officer refers the case through the probation attorney if they have one. If the probationer is admitted into Drug Court, their progress is monitored by the Probation Officer who also reports to the Probation Department. The probation Officer keeps the Drug Court staff informed of the person's progress on probation, by attendance at weekly staffing and court sessions. In the role of community supervision of offenders, the Probation Officer contributes to community education and acquisition of community resources to aid the program. In the event a probationer is terminated from Drug Court, the Probation Officer will make recommendations related to their sentencing.

Treatment Phases

The program is a minimum of 24 months and consists of five phases. It encompasses vocational, educational, and spiritual components in conjunction with providing substance addiction treatment.

Court appearances are every other week and are on the yearly court calendar. Due to the nature of court, these dates are tentative and are probable to change.

All participants will purchase a two inch (2") notebook to keep all notes, homework, workbooks, receipts, manual, and any other information regarding Drug Court. Be prepared for a random notebook check at any time, including court.

Phase 1 is a minimum of three months and provides an orientation transition into treatment, with drug education. There is an emphasis on the 12 Steps Study of recovery, Cognitive Behavioral Intervention, and Prime Solutions. Participants will meet with the case manager for establishing treatment goals. Individual therapy with a member of our counseling staff is available to each participant at additional cost. Participants will attend three group classes per week, and will have random urine drug screens and breathalyzers throughout the week. Each participant will attend a minimum of 2 AA/NA classes weekly, from approved support groups. Each participant will be paired with an upper-phase participant for mentorship.

Phase 2 is a minimum three month phase that allows the participants to continue learning the skills started in Phase 1, adding criminal/addictive treatment. Participants meet with the case manager to assess and reevaluate the treatment plan as entering into this phase. Individual therapy sessions are also available to each participant. Participants will attend group classes two to three times per week and will have random urine drug screens and breathalyzers per week. Each participant will attend a minimum of 2 AA/NA classes each week from approved support groups.

Phase 3 is the minimum six month process phase of treatment and is largely group process oriented. Participants meet with the case manager to assess and reevaluate the treatment plan as entering into this phase. In this phase the groups are conducted by a clinician. The therapist conducts groups on topics that will help participants understand the underlying issues that may need to be addressed, and guide participants towards becoming a productive citizen. Participants meet with a clinician for establishing treatment goals. Individual, couple and family therapy is available for each participant if needed. The participant is required to attend group a minimum of 1 to 2 per week, and provide random urine drug screenings randomly per week, as well as breathalyzers. Each participant will attend a minimum of 2 AA/NA classes per week from approved support groups.

Phase 4 is the beginning of a mentoring stage as senior participants are assigned to newcomers in the program as a guide, assisting the newcomer(s) with the program. No personal responsibility for a setback by the mentored participant will be imposed upon the mentoring

participant. This is also the beginning of the “giving back” phase. Some of the issues that are tackled in this phase include: trauma, healthy relationship, personal finance, and family issues. Participants will meet with the case manager to monitor treatment goals. Individual, couple and family therapy is available for each participant if needed. Participants will begin a Volunteer Project and meet with the Court Coordinator to finalize plans, and will be monitored for accountability. Participants will complete a minimum of nine months in this phase. Each participant will attend a minimum of 1 AA/NA class from approved support groups. Screenings will lessen to approximately 1 per week.

Phase 5 is considered the graduation phase. This is the continuation of the mentoring stage as individuals assist the newcomers, as well as continuing with and completing the “giving back” project. This phase is conducted by the treatment liaison. Some of the issues that are addressed in this phase include: trauma, healthy relationship and family issues. Participants meet with a treatment liaison for establishing a relapse/recovery prevention plan. Individual, couple and family therapy is available for each participant if needed. Participants will complete the volunteer project and all of the requirements which go along with volunteer work and the “give back” project. Participants will complete a minimum of three months in this phase. Participants will remain on this schedule until the next scheduled graduation ceremony. The participant is required to attend group class for a minimum of 1 weekly and provide 1 to 2 random urine drug screenings monthly, along with breathalyzers. A graduation application will be filled out, together with the case manager, and all requirements will be advised for completion prior to permission by the Drug Court Team to graduate. Mentorship will continue until graduation. A minimum of 1 AA/NA class will be attended per week.

POST (Promotion Of Support Team)-Graduate Alliance is for sharing experiences and giving continued support for graduates of North Enotah Drug Court. A member of the team will meet with the graduates on a voluntary basis. The graduates will also volunteer to speak to Drug Court classes as a voice of encouragement and act as ambassadors for the success of the program.

Courtroom Behavior

Your attendance in court is a critical requirement of your participation in the North Enotah Drug Court. Your behavior from the time you leave your automobile until you arrive in the courtroom should reflect positively on your program.

Your attire should be clean, stain-free, and presentable. It should NOT include shorts, tank tops, halter-tops, hats, sunglasses, or excessively baggy clothing. Additionally, you should NOT wear clothes displaying offensive language or advertising alcohol or other drugs. Females must wear bras and with appropriate and conservative coverage. Loud and boisterous behavior is unacceptable. You must be punctual.

Court is called to order on the dates specified on the court calendar, Thursday afternoon at 3:00 p.m., and arrival time should be 2:45p.m. (You will be advised of exceptions or changes to this schedule per the Drug Court Voicemail.) Once in the courtroom, conversations should be minimal, and you are to remain seated unless directed otherwise. You are not to read or sleep in the courtroom. No food, drink, pagers, cell phones, GUM or other distracting items are allowed. You are responsible for your guests and/or children.

When addressed by the Judge, you should stand and respond respectfully. For example, “Yes your Honor” and “No your Honor” or “Yes, sir” and “No, ma’am” are appropriate. Speak clearly and directly to the Bench and remain in front of the Judge until dismissed. Do NOT put your hands in your pockets. Keep hands visible at all times. Do not approach bench unless summoned.

Sanctions Progressive/Individualized

The Judge will impose sanctions if you violate program rules. Sanctions can include numerous consequences, including but not limited to writing an essay, community service set up by the court coordinator, and/or jail time. In the event that jail time is required for your program violation, you must make sure childcare is not an issue. Please bring all current medications with you to Court. Vehicles are not to be left unattended while incarcerated, it will be towed at your expense.

If you purchase, possess or consume alcohol in any fashion while in this program, or choose to live with anyone who has alcohol available in the residence, you will receive sanctions. A positive breathalyzer test or EtG (urine screen for alcohol) will be sanctioned regardless of what triggered the positive test. Any attempt to deceive the court by forging documentation and turning it into the court can result in a new charge, termination, or 30 days jail time. **Sanctions must be completed by the next court session unless otherwise directed by the Drug Court Coordinator.**

All sanctions will be progressive throughout your treatment time within this program, and individually sanctioned according to specific situations, within the judge’s discretion during Drug Court.

Termination

The North Enotah Drug Court is committed to giving participants the opportunity to learn to become drug and alcohol free. However, your continued participation is contingent on compliance with ALL program guidelines and regulations. We would be very pleased if no participant ever be terminated from the program, but we also understand that some participants will choose to continue to violate program requirements and there will be consequences for these types of behavior.

These violations/reasoning includes, but are not limited to:

1. Obtaining a new drug charge/non-drug charge/felony charge/alcohol offense.
2. Failure to attend or participate in groups and individual sessions.
3. Failure to show progress in treatment groups.
4. Threats or violence against peers or staff.
5. Altering or tampering with drug screens.
6. An accumulation of program violations
7. Chronic failure to pay program fees.
8. Failure to follow program guidelines (non-compliance).
9. Being AWOL from the program.
10. Violation of the fraternization rules.

We want every participant to succeed, and we consider termination the last resort. Our goal is to help you obtain and maintain a healthy lifestyle. However, we also understand that not everyone who enters the North Enotah Drug Court is capable of and/or committed to achieving sobriety. Our resources are limited, and the Court may determine that termination from the program is necessary.

Termination, Release from residential, or Release from Jail: If you are terminated, released from a residential facility, or released from jail, you are to report to the Drug Court Coordinator right away and without hesitation. If termination or release occurs after-hours, call the emergency phone number (706-897-3257).

Time-out Packet

A “time-out” packet may be provided to you upon incarceration with jail sanctions. This packet provides you an opportunity to process the circumstances surrounding your sanction and to develop an acceptable plan to avoid future jail sanctions as to strengthen your recovery. This is to be completed while you are in custody and returned to the Drug Court Coordinator’s office within 24 hours of your release. If you receive individual treatment while incarcerated, your account will be charged for individual sessions during that time, at the current rate.

Community Service

Community Service will be performed only at court approved locations only. Your punctuality, attitude, appearance and performance will be directly reflecting on the program and the court.

Your best behavior will be expected while performing this service. No one may attend with you (i.e. family, friends), and no cell phone use is allowed.

Any violation of this behavior can result in further sanctions, including jail time.

Incentives

Program compliance and good behavior will be recognized by the Judge as an incentive to continue your recovery. Tangible goods and services may be awarded as incentives to continue your recovery, and to set an example for fellow participants. It is our hope that eventually you will recognize the benefits of an alcohol and drug-free lifestyle, and that this will become your ultimate incentive for a life-long recovery.

Phase Moves

At the beginning of each phase you will meet with your case manager and/or court coordinator to develop treatment goals for that phase. You will meet with your case manager and/or counselor to review that treatment plan. You may receive a checklist that you must complete and return to your counselor to qualify towards phase-up moves. It is ultimately your responsibility to set up a meeting for confirmation that all necessary requirements have been met regarding a phase-up move. All phase-ups are determined by quality of program success, and not solely determined by amount of treatment time.

For each phase, you must have a specific amount of days free of a jail sanction and have no outstanding sanctions.

To graduate from the drug court program you must be 6 months free of positive screenings prior to your graduation date, according to the definition of a positive screening.

Attendance and Leave

As a participant in the North Enotah Drug Court, you are required to attend all meetings as assigned. Failure to attend will result in sanctions. Special requests to be excused from meetings must be approved by the Judge, your Court Coordinator and/or the Drug Court Team.

Attendance:

Missed screens or groups due to an emergency must be approved by the Court Coordinator, and will require proper documentation which must include your name and phone number, as well as proper reasoning from the doctor or emergency room visit, including: time in and time out, diagnosis, doctor office or ER name and phone number. Initial documentation from a doctor's office representative or ER staff must be provided to the coordinator by the next working day. Follow-up documentation (i.e. doctor's clinical notes) must be submitted by the next working day, unless otherwise specified by the court coordinator. Failure to provide proper documentation may result in additional sanctions.

Any participant late for any Drug Court related function (i.e. court or class) will be sanctioned accordingly and progressively.

Leave:

Participants in Phase 1 and Phase 2 should not request a leave or miss a drug screening.

General leaves will be given in phase 3, 4, and 5. Compassionate leave for family death or severe illness will be cautiously considered within any phase. Immediate family will be children, siblings, parents or grandparents, and close aunts or uncle. Leave will be, on average, **four days or less.**

All requests are to be submitted in writing, with detailed information, on a Leave Request/Special Curfew Request Form, and presented to your Drug Court Coordinator, by Tuesday at noon, the week of the next court session. All requests must be verified by way of documentation following the granted leave. (For example: doctor, school, work, or court letterhead explaining the situation and signed by a person in authority, including a phone number). Other forms of documentation may be requested such as AA/NA Meeting Forms and Laboratory Reports at the participants' expense.

The Drug Court Coordinator will screen requests and will present the request to the Judge if the request meets all standards for consideration. Appeals may be presented to the court coordinator in writing, and the coordinator will then present any appeal to the Judge. The Judge will inform you of appeal decisions during court.

Only **legitimate** requests will be considered: birthdays, anniversaries, vacations, concerts, etc. WILL NOT be considered in Phase 1 and Phase 2. More flexibility will be given to senior participants as determined on an individual basis, and according to the standards of this court. In the event of a sudden illness and/or death of immediate family (spouse, children, siblings, parents, grandparents, close aunt or uncle only), the court shall proceed according to individualized necessity. Participants must contact the Drug Court Coordinator by phone on the next working day, and provide proof of the emergency (i.e. hospital/ER excuse).

Medical Leave:

A participant's progress through the drug court experience is measured by his or her compliance and ability with the treatment regimen, and with zero tolerance for of drugs/alcohol. Medical issues may arise, and will be discussed amongst the team on an individual basis. Depending on the medical treatment needs, a maximum of 2 weeks is considered a reasonable amount of time, as determined by the court, for unavoidable Medical Leave. If additional time is needed, the decision will be made on a case by case circumstance. After 30 days an evaluation for continual medical leave, or possible termination will be determined by the team. A participant will not participate in Drug Court activities (i.e. classes and court) until completely off of medication for 72 hours. Individual sessions will be mandated after 1 week of medical leave. In the case of leave beyond 2 weeks, the participant may be re-evaluated for phase placement and additional treatment sessions.

For maternity leave, a participant will be required to return to group and screening two weeks after the birth of the child unless there is a medical reason documented by your physician. Home visits will be conducted. If more than 2 weeks is required, the leave will then be considered as Medical Leave.

Move Requests

Before moving to a new address within Towns or Union County only, you must supply your proposed address to the Drug Court Coordinator to make sure it is acceptable. A *Move Request* form will be made available to participants wishing to move. Surveillance will inspect the new location and will inform the coordinator of the condition of the location. It is your responsibility to make sure the Drug Court is kept updated on all pertinent changes in your information. Failure to do so will result in sanctions.

Employment

Participants are required to work 36 hours per week and show proof of employment by the end of every month.

- A W2 or 1099 is required.
- Jobs must be “on the books.” A check stub will be required.
- You must file a copy of current year tax return with Court Coordinator.
- Participation in education programs may be counted as employment with staff approval.

When a continual curfew extension is granted for work purposes, per discretion of the court and the Drug Court Team, each participant will provide a copy of the week’s work schedule via text or a hard copy.

When a continual special leave is granted for work purposes, per discretion of the court and the Drug Court Team, each participant will provide the appropriate form and turn it in by Tuesday, noon, and prior to court.

Curfew

Each participant will have a curfew throughout the program that is determined by Phase level. You are expected to be inside your home past curfew. Curfew times are as follows:

- Phase 1: 8:00 pm**
- Phase 2: 9:00 pm**
- Phase 3: 10:00 pm**
- Phase 4 & 5: 11:00 p.m.**

Curfew Extension

If you need a curfew extension, you may fill out a request form. Extensions related to work, school or treatment will be considered, but are not guaranteed. Any extension given must be followed up by submitting the proper documentation to the Drug Court Coordinator.

Leave/Special Curfew Request form is required.

Contact with Law Enforcement

Any type of contact with law enforcement **MUST BE** reported within 24 hours to the Drug Court Coordinator. Use the emergency number if needed.

Home Visits

Each participant is subject to home visits throughout the program. If a participant's residence has a gate to obtain access, a key or code will have to be provided to law enforcement for home visits. No surveillance equipment is allowed.

No possession of firearms (any type of powder charge) is permitted in the program. No knives, or blades on kitchen knives longer than 6".

A home visit violation will result in a \$56.00 fee to cover the cost of community policing (payable as a money order to Enotah Drug Court); positive screenings as per policy.

Home visit violations where a participant has any illegal substance or drug paraphernalia that does not result in a new charge will be sanctioned to up to 30 days in jail.

Any type of literature that is promoting drug culture, for example *High Times* magazine, is considered paraphernalia and will result in a jail sanction.

Home visits occur during each phase. Your residence should be neat, tidy and safe in order for Law Enforcement to enter and conduct a search.

Emergency Cell Phone:

(Considered Emergency line on holidays, weekends and after 5pm on weekdays)

~706-897-3257~

You may call this line for an emergency on holidays, weekends or after hours when a participant has travel or medication requests. Misuse of the emergency phone line can result in a sanction.

Group Emergency Line:

(Inclement weather, class closings, Screening Line issues)

~706-487-8103~

Finances

Throughout your attendance in the Treatment Court Program, you are required to financially support your program fees. You will be charged \$35 per week for a minimum of 24 months. Payment must be made to Enotah Drug Court by money order only. This will pay for the initial 24-month period of treatment. If treatment continue beyond 24 months, your fees will

accumulate at a rate of \$35 per week. This total includes treatment and drug screen costs (This does not include the cost of drug screen confirmations, positive screen test results, or private sessions.)

Failure to keep your account current may result in sanctions until your account is made current. It is expected that your account will be paid-in-full weekly. Payments are due by Tuesday afternoon by 12 pm the week of court, in order to be considered “on time” for court on Thursday. Payments may be made early.

Treatment Facility Guidelines

No alcohol, tobacco products, drugs, weapons, pocket-knives, or **cell phones** will be brought into these facilities.

Groups will begin on time! You must be punctual, as tardiness will result in sanctions. You must attend and participate in the full session to receive credit.

Confidentiality is a must. What is said in group, stays in group! There will be stiff consequences if violated. Thoughts and feelings are encouraged; however, violence, threats, or intimidation will not be tolerated. **Use of extreme profanity is not acceptable. All areas of the facility are NO SMOKING. Therefore, NO SMOKING is allowed anywhere on or near the property, except in designated areas only.**

Leave group only in an emergency after notifying staff.

Your attire should NOT include shorts (above the knee), tank tops, flip-flops, halter-tops, hats, sunglasses, or excessively baggy clothing. Additionally, you should NOT wear clothes displaying offensive language or advertising alcohol or other drugs, gambling, sex, or other inappropriate behaviors.

Screening times are weekdays, weekends and holidays. Late arrivals will not be allowed to test, and the failure to submit a specimen will be considered a positive screen and a charge of \$45 will be added to your account.

Tampering with or diluting a drug screen may result in 30 days in jail (and \$45 fee) or grounds for termination from the Enotah Circuit Drug Court.

Drinking more than six (6) ounces of liquid in a 30-minute period for two hours before a screen may result in a diluted screen.

Upon reporting for a drug screen:

A staff member must accompany you at all times during drug testing.

Sign and initial the check-in sheet. Circle “yes” or “no” in the *Admit to Use* column. A verbal response **does not** change your written action.

You must make sure that your name is on your specimen bottle. It is your responsibility to make certain your sample is sealed before it leaves your presence.

You must indicate a written admission (Admission of Use Form) or denial of alcohol or drug use (prior to testing) and grant permission for confirmation of results if appropriate. Honesty is a crucial component for recovery and participation in the Enotah Circuit Drug Court. Self-disclosure of use will be considered by the Court when sanctions are imposed.

You will not be allowed to leave the testing area or to drink excessive fluids until a specimen is rendered.

A staff member of the same sex **must always** witness the sample being given. No unwitnessed screens are allowed under any circumstances. **No outside tests or a drug court team member unsupervised test will be considered or discussed.**

Graduation

Congratulations!!!!

Upon completion of Phase 5, you will be eligible for graduation from the program. We are all looking forward to this event. Our hope is that you will have established a healthy and productive lifestyle, as you become a productive, law abiding member of society.

Remember, your recovery is an ongoing process. At this point in your treatment process, you will have made a substantial beginning to this challenging and life-long endeavor.

Please meet with the Court Coordinator as your approaching graduation nears. All requirements must be met in order to graduate.

Graduation Requirements include:

- A minimum of 24 months in the Drug Court Program
- A minimum of 9 months in Phase 4 and 3 months in Phase 5
- 180 days of sobriety
- 180 days without a jail sanction
- A letter to judge, which should include the following:
 - Background (life before Drug Court)
 - Situation at arrest
 - Reflections on drug court success
 - Reflections on drug court struggles
 - Plans and goals for future (personal and recovery)
- Fee Balance must be \$0.00
- Complete & Review Steps 1-12 of AA

- Complete give back project
 - Written summary including
 - -Why you chose it
 - -Feelings while completing project
 - -Personal reaction after project completion
- 50 hours of *volunteer service* – 20 hrs. from MRT and 30 hrs. for project.
- Submit relapse/recovery prevention plan
- Maintain full time employment
- You must show proof that you have obtained a GED or high school diploma, or attended and completed an adult literacy program, technical or vocational school
- Submit a list of people to be invited to graduation

Anonymity and 12 Step Meetings

You are required to attend a minimum of two 12 Step Meetings per week.

You are required to get a sponsor and you must work the steps.

Always remember that AA/NA meetings are anonymous organizations and that everyone is there for basically the same reason. It is never appropriate to say to a friend, “Guess who I saw at an AA meeting last night!”

Never address your physician, dentist, minister, attorney, or other professional person at a meeting by that person’s title or last name. Anonymity includes both name and vocation. Don’t ever ask a professional person for professional advice while at an AA/NA function. To do so can be a serious threat to the attendance and sobriety of that person, who undoubtedly needs the meetings as much as you.

All phases can be mandated to specific AA/NA meetings if questions arise as to the participant’s attendance and/or the authenticity of signatures on the meeting sheets.

Drug Testing Policy and Procedure

All participants are required to call the drug screen number upon entry to the program. For the duration of your participation in the Enotah Circuit Drug Court, it is your responsibility to check daily to see if you are required to drug test that day. Drug testing is performed on a random basis; however, a breath or urine specimen may be required at any time.

You must call the screen line EVERYDAY (7 days a week) to check on your screening requirements. In the event that, for any reason, you cannot access this information by phone, it is your responsibility to report to the treatment center during scheduled drug testing hours. You may call beginning at 8:00 a.m. The phone number is: 706-407-0508 plus your personal ID. Please call after 8:00 am each morning.

All drug testing will be conducted at the facility. You must report no later than 15 minutes prior to cut-off time for drug-testing hours. You must be punctual and prepared to submit a specimen during the specified hours. If you do not or cannot give a specimen, this is considered a FAILED Non-Admit POSITIVE urine sample, and you will be sanctioned as such, including jail time.

You are not allowed to ingest or use, in any manner, any type of designer drug (this includes, but is not limited to Spice and Bath Salts).

If you wish to contest the results of your drug screen, results will be confirmed at Redwood Labs. The sample will be closed with the twice monthly EtG tests, with a piece of tape sealing the cup with the participant's initials across the tape. The treatment liaison/UDS screeners will secure and send the sample. If the test is positive, the participant must pay \$10 for each non-admit instant and \$45 for lab results. He or she will be sanctioned for the offense for the lack of honesty and continued use. Any sanctions will be postponed until the official results are in.

Doctor Notification of Substance Abuse Treatment

The purpose of this policy is to provide a fair and equitable sanctioning process for individuals who have a medical condition that requires a Rx. prescription.

PROCEDURE:

Upon entering the Drug Court program, new intake participants will be informed of the doctor notification form process during the Initial Orientation. Participants are provided a form to be signed by the Doctor or their assistant. If a participant fails to submit a doctor notification form, each time they go to the ER, Quick Care or hospital, they will be sanctioned according to the positive/missed sanctioning guidelines. It is not necessary to have a form signed each visit, if the participant goes to their regular physician and Drug Court staff has a form on file in their chart.

Participants are responsible to have the form available prior to a doctor, clinic, or

hospital visit and turn in this form to their counselor within 24 hours of the doctor visit.

Dilution / Substitution /Adulteration Policy

The purpose of this policy is to establish a fair and equitable sanctioning process for individuals who have rendered a confirmed diluted, substituted, or adulterated urine drug screen. The Drug Court program considers a normal creatinine range to be approximately 150 mg/dl.

A **dilute screen** is defined as a creatinine level <20 mg/dl, unless the criteria for a substituted specimen are met.

A **substituted screen** is defined as a urine specimen that does not exhibit the clinical signs or characteristics associated with normal human urine. The creatinine concentration is < or = to 5 mg/dl **AND** the specific gravity is < or = to 1.001 **OR**> or = to 1.020.

An **adulterated screen** is defined as a participant being observed by a staff member attempting to substitute or alter his/her screen or the participant is found to be in possession of paraphernalia or materials to adulterate his/her urine drug screen. (Including 4th Amendment waiver searches of their person and residence).

A screen that appears light, clear, or fluorescent in color, will be tested for dilution, substitution, and/or adulteration. Screens that are suspected to be adulterated or substituted will be sent to Redwood Toxicology Lab for confirmation.

A Drug Court staff member must observe the urine specimen to determine if it should be sent off for confirmation by the lab. Staff member is responsible for reviewing and signing paperwork being sent to the lab.

A Screening Logbook is used to record and keep track of all screens that are sent off to the lab for confirmation.

*****An overwhelming negative combination of the above listed factors and considerations may be grounds for termination with any confirmed dilution***.**

If a drug screener suspects that a participant has adulterated, substituted or attempted to provide a substituted or adulterated screen, the screener has the authority to order the participant to remain at the treatment center under observation until a warrant is issued or until a complete search of the individual and his/her vehicle is completed. The participant shall be required to comply with all directives of the screeners. Failure to do so may result in termination.

*****Any Drug Court participants who provide urine specimens that have a creatinine level <40 mg/dl will be placed on Daily Screens for 14 days in order for the Treatment Services to monitor creatinine levels on a daily basis. Drug Court staff will review creatinine levels after 14 days and if levels appear normal, the participant will return to a regular screening schedule.*****

SUBSTITUTION OR ADULTERATION GUIDELINE

- **Any participant who brings in urine to a drug screen, possess urine with intent to provide to another participant or uses to substitute in a drug screen will be**

presumed to be terminated. Adulteration with a drug screen will not be tolerated.

Fees & Fee Contract Policy

The purpose of this policy is to provide a fair and equitable process for entering the Drug Court participant fees. All participants in the Drug Court Program are billed \$35.00 per week. If a participant tests positive for a drug screen with denial or has a home visit violation, a fee will be charged to their account. If the participant requests the test to be sent to the lab for clarification, a \$45 fee will be imposed unless the test is negative (plus \$10 for each instant test). Participants are responsible for the costs of treatment curriculum workbook(s). If a participant loses a treatment curriculum workbook, they will be responsible for the replacement cost thereof.

Payments are due by 12 pm Tuesday before court. Treatment staff will retrieve all money orders from the Drug Court Money Box located inside classroom and outside backdoor of the Drug Court office. Staff will record payments on the Accounts spreadsheet and in the receipt book. Staff will print a copy of the participant's bill upon request and the receipts are available in the office.

It is the responsibility of the participant to keep all original receipts and speak with the Drug Court Coordinator immediately upon discrepancies of balance.

Participant Leave Request Policy

The purpose of this policy is to provide a set number of approved leave requests per participant in Towns/Union County Drug Court.

Personal Leave Requests will ONLY be granted in Phases 3, 4, & 5.

Phases 3, 4, & 5 participants will be staffed and approved or denied at the Drug Court Session. The request will be turned in by Tuesday, noon, the week of court, along with a Recovery Action Plan.

Treatment staff will review the participant's written Leave Request Form and Recovery Action Plan (AA meetings he/she plans to attend while on leave) and make a recommendation to the Drug Court Team during the Thursday Staffing. The Drug Court team will consider recent progress and participation in the program, as well as, sanction history in determining whether to approve or disapprove the request.

Emergency requests may be approved or denied by the Court Coordinator.

Non-treatment and recovery related leave requests will be considered for the following reasons but not limited to: business travel, family reunions or vacations where the participant is actively trying to mend family relationships, faith based retreats, and missionary public service.

Family emergencies involving immediate family members that require permission to travel will be handled on a case by case basis. Approval or denial of the requested leave is at the discretion

of the Drug Court Team. The Drug Court Team will take into consideration whether or not a participant is engaged in treatment, recent sanction history, sobriety date, and any other information that is pertinent in making a sound decision in approving leave. A family emergency in this case is defined as hospitalization, critical care, or death of a spouse or immediate family member(s) to include the following: mother, father, sister, brother, son, daughter, grandparents, close aunt or close uncle ONLY.

Business travel or training that will enhance a participant's career, as well as, travel for recovery events may not be limited, but remains at the discretion of the Drug Court Team. It is the responsibility of the participant to **provide documentation** on company letterhead regarding business travel.

If leave is approved, the participant will be required to meet with his/her Case Manager or the Court Coordinator for screening requirements for leave. If the participant will be traveling out of state, an extradition waiver must be signed and placed in the file. All participants who are approved for leave will be required to provide a screening as directed by the staff.

Screeners will receive an Officers Up-date from the most current Staffing and Court Session to be informed of any granted leaves from screenings. The Court Coordinator or Case Manager will relay any emergency leaves granted to the appropriate Screener, and documented communication will be entered electronically.

The Case Manager will be responsible for the safe keeping of the Leave Requests Log, as well as, documenting all approved and disapproved Leave Requests electronically.

Job Search Policy

The purpose of this policy is to establish a fair and equitable sanctioning process for participants who are not currently employed.

Georgia Department of Labor is open in Blue Ridge, GA. The address is: 946 Appalachian Highway, Blue Ridge, GA and the phone number is 706-632-2033. Participants are expected to take a job search form daily and apply to 4 jobs per day. Participants will then turn in a completed job search form the following day to the Drug Court Coordinator. Failure to complete a job search form will result as a missed job search, and shall be in danger of a sanction.

Please call the Georgia Department of Labor to get current hours if you need help. Participants are to be dressed ready for an interview. Appropriate attire for male participants is slacks and a collared shirt. Appropriate attire for female participants is slacks and collared shirt or skirt and blouse or dress. Participants who are in need of appropriate attire can ask the Drug Court Coordinator or Case Manager for assistance. Showing up late or not showing up at all will be considered a missed job search, which is sanctionable.

Once a participant secures employment, he/she must submit documentation on company letterhead indicating the effective hire date and whether or not employment is full-time or part-time. The Drug Court Coordinator is responsible for releasing participants from job search upon receipt of appropriate documentation.

(**NOTE:** Other than the Presiding Judge, the Drug Court Coordinator is the only who can release someone from job search.)

Medication & Cross Addiction

As you will learn in Drug Court, cross-addiction is real. Many of you were already addicted to more than one substance when you started the program but only had one “favorite” substance. You will find it quite easy to change from one mood-altering substance to another and continue to be addicted. As long as you continue to manipulate your mood with a substance rather than *new* thoughts and *new* activities, you will remain cross-addicted. There are many reasons that you may continue to feel the need to use a variety of substances.

The first thing that comes to mind is insomnia (sleeplessness), and you may be tempted to return to using sleeping medications within a short period of time because of poorly developed abilities to get yourself to sleep.

Pain is the second most common reason, and if you choose to use mood-altering analgesics (pain-killers), especially any of the narcotic drugs (Lortab, Percocet, Darvocet, Darvon, etc.), you are extremely likely to return to your drug of choice eventually because this will short-circuit your ability to control impulsive action.

You have to be very cautious when you become physically ill, even with respiratory diseases (colds, flu, or pneumonia), because many of the drugs used to treat these conditions cause mood changes and decreased ability to control impulses. There are many compounds that will cause you to crave a drink/drug (i.e. many cough syrups are alcohol based and/or have narcotics in them).

It is difficult to remember which drugs to avoid, and so, this list of medications has been prepared for you, specifically what you can take and what you must avoid.

You have to take responsibility for all of your future drug use because not every physician, pharmacist, or dentist knows about the nature of your condition and what you have learned. If you have a particular problem, be sure and discuss it with your Drug Court Coordinator.

You will tell your doctor that you are a participant of drug court and you must have only ***one*** primary physician.

No drug of any kind (prescriptions are to be cleared with the Drug Court Coordinator BEFORE you fill it) is to be taken without prior notice and approval by the Drug Court Coordinator.

Use of any banned medication will result in a positive screen and sanctioned in court.

INFORM PHYSICIANS, DENTISTS, PHARMICISTS, AND ALL OTHER PERSONS WHO COULD POTENTIALLY PRESCRIBE MEDICATIONS TO BE AWARE OF YOUR RECOVERY. THIS IS EXTREMELY IMPORTANT IN THE MAINTENANCE OF YOUR RECOVERY.

The following pages list drugs you can and cannot take safely. Please pay close attention to the medications that you receive to insure long-term health and recovery from addiction. If your medication is not recorded on either list, call the Drug Court Coordinator for confirmation before you take the medication. Do not assume it is safe to take. **WHEN IN DOUBT, DON'T!**

Prior approval is required for all prescription medications.

Prescriptions must be cleared by the Drug Court Coordinator. If you need a prescription to be filled, call the Drug Court Office: 706-487-8100; outside of the normal business hours, call 706-897-3257 for prior approval. If there is no answer, your call will be returned as soon as possible. If you have an emergency or accident outside of business hours, please contact the Drug Court Coordinator using the emergency phone line.

ZERO TOLERANCE ALCOHOL POLICY

No alcohol use is acceptable including using the following substances. If you test positive, we are not going to try to figure out why or what it is, it is alcohol...period. None should be in your system at any time. Avoid the use of Purell hand cleanser as well. Please note that even the purchasing of or the possession of any type of alcohol while in this program will result in a sanction.

- | | |
|---------------------------|-------------------------------|
| After Shave Lotion | Extracts (Lemon, etc.) |
| Hair Tonics | Medical Alcohol |
| Mouth Wash | Perfumes |
| Sterno | Wood Alcohol |

MEDICATION LIST

The table on the following pages was taken from the PRACTITIONERS GUIDE FOR MEDICATIONS IN ALCOHOL AND DRUG DEPENDENCE.

Merrill Norton D.Ph., NCAC II, CCS, Author

DISCLAIMER: This guide is designed to serve as a resource when making decisions regarding what medication(s) to take, as well as a reference tool for those who prescribe medication for persons in recovery. The list provided will serve as a resource when questioning the risks factors of the most commonly encountered drugs, including preparations containing alcohol.

This list **is not all inclusive** of all medications as it would be impossible to keep updated.

ASK FIRST!

Medication	Mood Altering	Potential Risk	Safe Medication List
	NOT APPROVED		

Allergy/ Decongestants (Systemic)	Diphenhydramine Chlorpheniramine Dexchlorpheniramine Brompheniramine Dexbrompheniramine Promethazine Acrivastine	Benadryl® Generics Allegra D Chlor-Trimeton®, Deconamine SR®, Extendryl®, Kronofed-A®, Ryantan® Tannafed DMX®,Tannafed DP® Bromofed®, Dimetapp® Tussal-ER® Phenergan-® Semprex-D®	Allegra® (Fexofenadine) OTC-Claritin®, Alavert® (Loratadine) Clarinex® (Desloratadine) Tavist-1® (ClemastineFumarate) Zyrtec ® (Cetizine)
ADHD, Anorexiant, Stimulants, and Weight Control	Hydrocodone Compound Phentermine HCL Phendimetrazine Tartrate BenzphetamineHCL SibutramineHCL DiethylpropionHCL Ephedrine, Ephedra, MaHuang Amphetamine Salts Modafinil Pemoline Nicotine	Hycodan® tabs & syrup® Hycomin® Hycotuss® Expectorant Vicodin Tuss® Expectorant Anaplex HD® DuratussHD® Hycotuss® Hydrocodone Bitartrate/APAP Elixir Hydrocodone Bitartrate/ Guaifenesin Syrup Protuss/Protuss D® Others Adipex-P®,Fastin®, Ionamin®,Obephen® Bontril PDM®, Anorex®, Melfiat-105®, Prelu-2® Didrex® Meridia® Tenuate®, Generic Metabolife®, Metobolite® Adderall®,Desoxyn® Dexedrine®,Dextrostat® Provigil® Cylert® Tobacco products, Nicorette®, Nicoderm®,Nicotrol®	Humibid LA® Mucofen (Benzonatate-sofgels) TessalonPerles® Diet Ayds (candy) Slim-Mint (gum) Slim Fast Slender Weight Control Xenical® (Orlistat) ADHD Strattera® (Atomoxetine) Wellbutrin® (Bupropion) Smoking Cessation Wellbutrin®,Zyban®
Caution: Energy drinks may cause positive drug screens. Analgesics (pain relief)	Caffeine Opium Morphine Sulfate	Caffedrine®, Fastlene®, Red Dog®, Rip Tide®, Others Paregoric Duramorph® MS Contin®, MSIR®, Roxanol®	 OTC-Advil®, Aleve®, Aspirin, Bufferin®, Tylenol®, Generics

	Levorphanol Tartrate	Levo-Dromoran®	RX Arava®, Azulfidine EN®, Disalcid®, Salflex® Dolobid®, Trilisate®
	HydromorphoneHCL	Dilaudid®	
	Methadone HCL	Dolophine®	
Analgesics (pain relief)	MeperidineHCL	Demerol®	(Nonsteriodal Anti-inflammatory Agents) Anaprox®, Ansaid®, Arthrotec®, Cataflam®, Celebrex®, Clinoril®, Daypro® Feldene® Indocin®, Lodine®, Meclomen®, Mobic®, Motrin®, Nalfon®, Naprelan®, Naprosyn® Oruvail®, Ponstel® Relafen®, Tolectin®, Toradol®, Voltaren®
	Propoxyphene	Wygesic®, Darvon®, Darvocet®	
	OxymorphoneHCL	Numorphan® Sufenta®	
	Sufentanil Citrate	Actiq®,	
	Fentanyl AlfentanilHCL	Duragesic®, Sublimaze® Alfenta®	
Analgesics (pain relief)	Levomethadyl	ORLAAM®	Headache Amerge®, Axert®, Blocadren®, Cafergot®, Depakote®, Frova®, nderal®, Imitrex® (migraines), Maxalt® Midrin®, Migranal®, Relpax®, Zomig® (migraines)
	CarisoprodolDezocine	Soma®, Soma Compound® Dalgan®	
	Pentazocine	Talwin NX®, Talacen®	
	NalbuphineHCL	Nubain®	
	Buprenorphine HCL	Buprenex®, Suboxone®, Subutex®	
	Codeine	Empirin # 3,4® Fiorcet w/codeine® Fiorinal w/codeine® Tylenol #1,2,3,4® Generics	
Analgesics (pain relief)	Carisoprodol	Soma®, Soma Compound®	Headache Amerge®, Axert®, Blocadren®, Cafergot®, Depakote®, Frova®, Inderal®, Imitrex® (migraines), Maxalt® Midrin®, Migranal®, Relpax®, Zomig® (migraines)
	Dezocine	Dalgan®	
	Pentazocine	Talwin NX®, Talacen®	
	NalbuphineHCL	Nubain®	
	Buprenorphine HCL	Buprenex®, Suboxone®, Subutex®	

	Methotrimeprazine	Levoprome®	
	Tramadol HCL	Ultram® Ultracet®	
Analgesics (pain relief)	Codeine	Empirin # 3,4® Fiorcet w/codeine® Fiorinal w/codeine® Tylenol #1,2,3,4® Generics	
	Hydrocodone Bitartrate	Anexsia®, Hycodan® , Hydorcet®, Lorcet®, Lorcet-HD®, Lortab® , Maxidone®, Norco®, Stagesic®, Vicodin®, Vicoprofen®, Ztuss, Zydone®, Generics	
	Dihydrocodeine Bitartrate	Panlor SS® Caps Synalgos-DC ®Cap	
	Butorphanol Tartrate	Stadol®	
	Oxycodone HCL	Oxycontin®,Oxyir® Percodan®, Percocet®,Roxicet® Tylox®	
	Caffeine	Vanquish®, Excedrin®, Goody's Powder® Midol®, BC Powder®, Cope®	
	Analgesics with Barbiturates	Bucet®, Esgic®, Fioricet®, Fiorinal® Medigesic®, Phrenilin®, Sedapap®, Triad®	
Nasal/ Decongestant Sprays	OxymetazdineHCL	Afrin®, Dristan®, Sinarest®, Allerest®, Duration®, 4-Way ®	Ocean® Humist®, Ayr Saline®, NaSal®,Salinex®
	TetrahydrozolineHCL	Tyzine®	
	XylometazollineHCL	Otrivin®	
	Phenylephrine HCL, Albuterol	Neo-Synephrine®, Sinex®, Alconefin®, Nostril® Advair	Prescription Only Aerobid®, Astelin®, Atrovert®, Azmacort®, Beconase®, Flonase®, Nasacort®,
Nasal/ Decongestant Sprays	Epinephrine HCL	Adrenalin® Chloride Solution	Prescription Only Aerobid®, Astelin®,Atrovert®, Azmacort®, Beconase®, Flonase®, Nasacort®,
	Ephedrine	Pretz-D®	
	Naphazoline HCL	Privine®	Nasalcrom®, Nasalide®, Nasarel®, Nasacort®, Nasonex®, Rhinocort® Vancenase®
	Propylhexedrine	Benzedrex®	
	Desoxyephedrine	Vicks Inhaler®	
Mouthwash/ Mouthcare Dental Hygiene	Alcohol	Cepacol®, Cheracol Sore Throat Spray®, Listerine®, Listermint® Advanced Formula, N'ice® Throat	Cepastat®, Chloraseptic®, Gly-Oxide® Halls ®Lozenges, Mycinette®Nice® Lozenges, Orajel®, Perioseptic®, Sucrets®

		Spray, Peridex®, erioguard®, Plax®Scope®, Screts®	Lozenges, Vicks ®Cough Drops, Vicks® Throat Discs
Diarrhea	DiphenozylateHCL Atropine Sulfate Tincture of Opium Alcohol	Lomotil®, Logen®,Lonox® Donnagel® Liquid Imodium A-D® Liquid Pepto Diarrhea Control® Paregoric®	Diasorb®, Donnagel® Tablets Kaopectate® Kaopetolin® Kaodene®, Lactinex® Imodium® AD Capsules/Tablets, Immodium Complete Tablets Pepto-Bismol®, Rheaban® RX (Metoclopramide) Reglan®, Maxolon®, Octamide® , Aloxi®, Anzemet®, Compazine®, Kytril®, Norzine®, Reglan®, Tigan® Thorazine®, Trilafon®, Torecan®, Zofran® OTC Emetrol®, Nausetrol®, Emecheck® Pepto-Bismol® Roloids
Nausea (Antiemetic/ Antivertigo Agents)	Promethazine	Phenergan® Tablets	
Nausea (Antiemetic/ Antivertigo Agents)	Cyclizine Meclizine BuclizineHCl Diphenhydramine Dimenhydrinate Scopolamine Transdermal Dronabinol	Marezine® Antivert®, Vergon® Dramamine II®, Bonine® Bucladin-S® Benadryl® Dramamine®, Triptone®, Vertab® Transderm-Scop® Marinol®	
Sedatives/ Anti-anxiety Agents	Meprobamate	Equanil®, Miltown®, Meprospan®	RX Adapin®, Buspar®,(BuspironeHCl), Celexa®, Desyrel® (Trazadone), Elavil®, Effexor XR®, Fluvoxamine®, Lexapro®, Mellaril®, Paxil CR®, Prozac®, Remeron®, Risperdal®, Seroquel®, Sinequan®, Thorazine®, Trilafon®, Zoloft®, Zyprexa®
Benzodiazepines	Alprazolam Chlordiazepoxide Clonazepam Clorazepate Dipotassium	Xanax® Librium®, Libritabs®, Librax® Klonopin® Tranxene® Gen-Xene®	
Sedatives/ Anti-Anxiety Agents	Diazepam Lorazepam Oxazepam Estazolam Flurazepam Temazepam	Valium®, Valrelease®, Dizac® Ativan® Serax® ProSom® Dalmane® Restoril®	OTC: Melatonin RX: Rozerem®

Triazolam

Halcion®